

## Board of Advisors

### Dr. Christine Horner, MD



Christine Horner, MD FACS received her medical degree at the University of Cincinnati. She completed a general surgery residency at Good Samaritan hospital in Cincinnati and a plastic surgery residency at Indiana University. Dr. Horner is a board certified in both general and plastic surgery.

Dr. Horner is a nationally recognized surgeon, author, expert in natural health, and a relentless champion for women's health. In the late 90's Dr. Horner spearheaded a national campaign to pass laws requiring insurance companies to pay for breast reconstruction following mastectomy. Her five-year effort led to laws in thirty-five states and a federal law passed by Congress on October 21, 1998.

She has been featured in hundreds of national magazines, newspapers, and television news programs including interviews by Dr. Oz and Dr. Mercola. Dr. Horner has also received numerous awards including Glamour magazine's "WOW Woman of the Month" in February 1999. In 2000, Oprah recognized her as a part of her "Angel Network" on her television program. She has also received the YWCA Career Women of Achievement award in 1997 and in 2001, she was voted by her peers as one of Cincinnati's "Top Doctors."

Dr. Horner helped to create and then hosted the first ever syndicated television news segment exclusively focused on Complementary and Alternative Medicine and natural approaches to staying healthy from 1999-2002. In 2001, the segment was syndicated on the WISDOM Television Network, reaching 5.5 million households.

Her book *Waking the Warrior Goddess: Dr. Christine Horner's Program to Protect Against and Fight Breast Cancer* won the Independent Book Publishers Award 2006 for "Best Book in Health, Medicine, and Nutrition." Now in its third edition, the book presents a simple 30-step program to help women incorporate healthy lifestyle changes to protect against and fight breast cancer naturally. Dr. Horner resides in San Diego, CA.